

The Museum of Monotropism



Easy Read Guide

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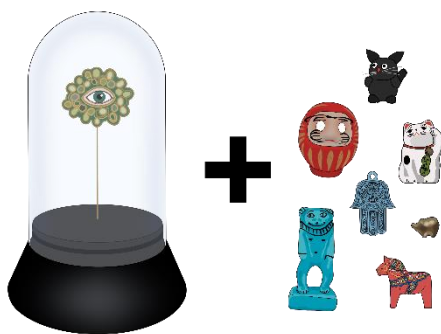
Welcome to the exhibition



This is an Easy Read guide to the **Museum of Monotropism** exhibition at Folklore Centre.



The Museum was made by Tzipporah Johnston. She is an embroidery artist.



The Museum is a mixture of things she has made, and things she likes to collect.



This guide tells you about the exhibition and the things in it.



You do not need to read the guide if you do not want to.



You can also ask someone to help you read the guide.



We hope you enjoy your visit to the Museum!

Important things to know



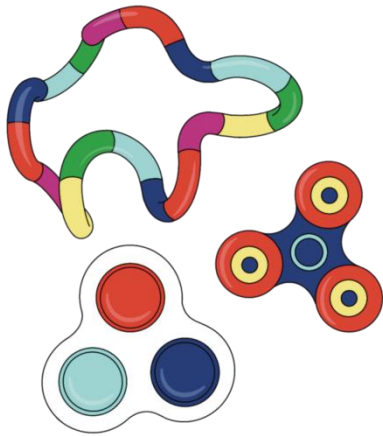
If the Museum or café is too noisy, you can leave the room or put on ear defenders.



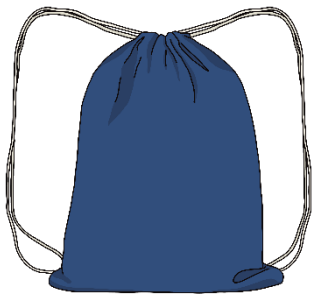
There is a quiet room upstairs called the Library. You can go there to read or think or just be quiet.



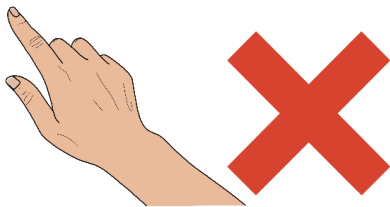
You can ask a Folklore Centre staff member where the Library is.



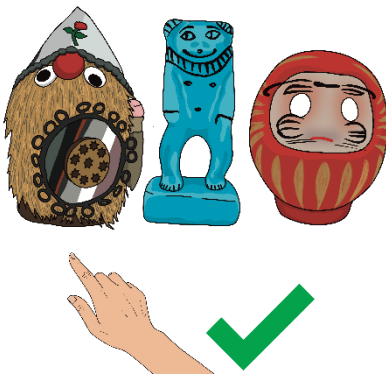
We have stim toys you can use while you are in the Museum. They are in a box outside the Museum.



There are also backpacks you can use to carry them.



Please do not touch the artworks or the objects.



There is a special table with things you can touch.

There will be a sign so you know which things you can touch.

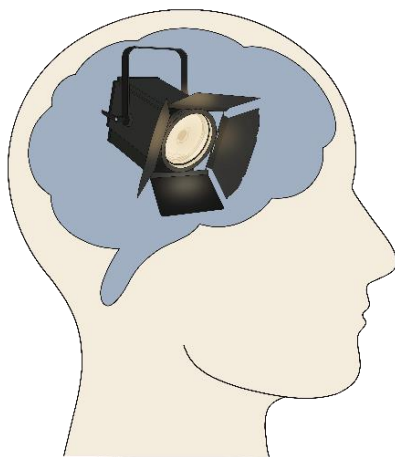
What is the exhibition about?



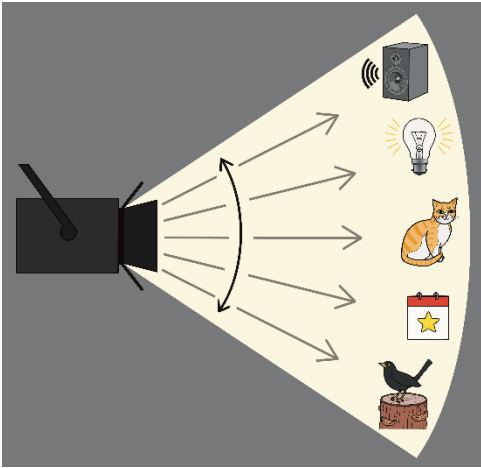
This exhibition is called the Museum of **Monotropism**. It is about what it feels like to be autistic.



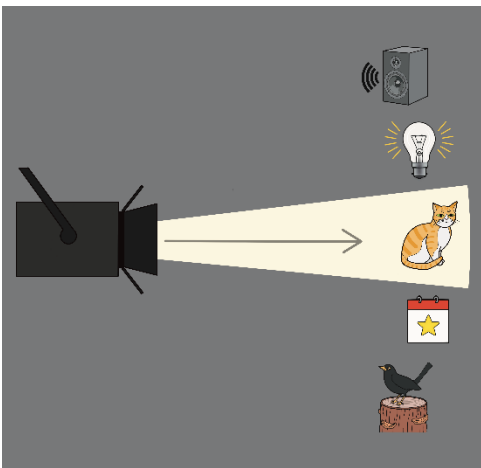
Monotropism is a way that autistic brains work.



Imagine your brain is like a spotlight that can shine on different things around you. The things it shines on are things your brain can pay attention to.



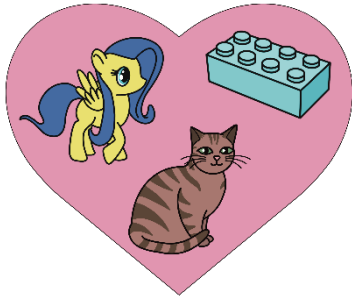
For most people, this spotlight is wide and can move around easily. It can shine on many different things at the same time.



But for an autistic person, the spotlight is more narrow. It prefers to stay focused on one thing at a time. And it might not move around as easily to other things.



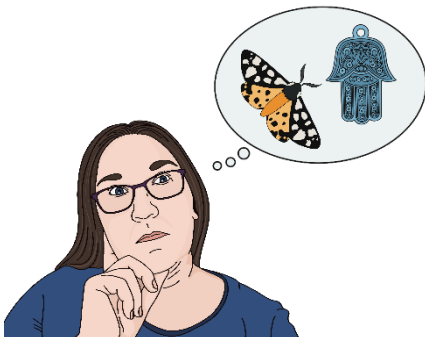
This means autistic people find it easier to do or think about one thing at a time. We like to focus deeply on things.



Things that autistic people really like to focus on are called **special interests**.



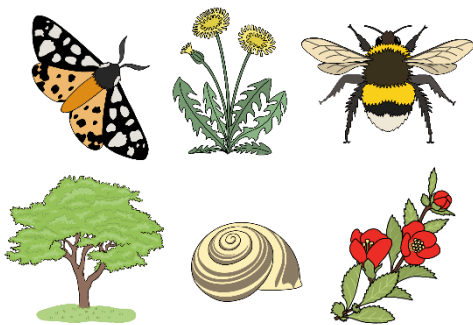
When autistic people can spend time doing or thinking about our special interests, it makes us feel happy and calm.



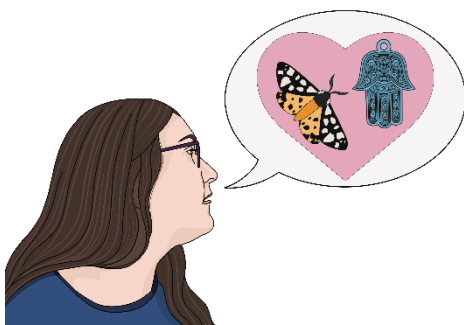
Autistic people can be interested in lots of different things. But the artist is interested in 2 things:



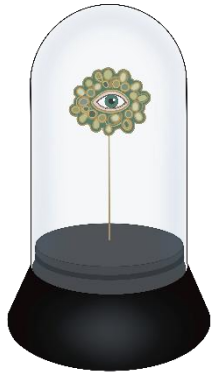
Folk belief. This means the different things people around the world believe.



The environment. This means all the different plants and animals that make up the world.



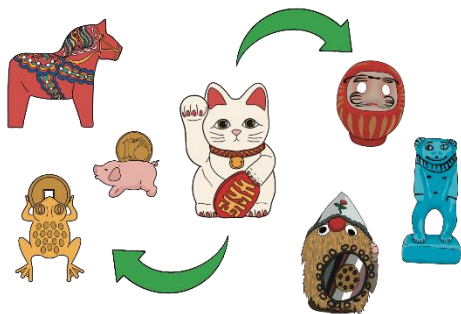
She made this Museum to tell people about her special interests. And to tell people about what it feels like to be autistic.



Some of her art is about things that she finds hard, like eye contact.



Some of her art is about things that make her happy, like moths, butterflies and bees.



It makes her happy to put things in her collections together in different ways.



The things she puts together tell a story about how she sees the world.



She thinks autistic people see the world differently.



And that is a good thing.

About this document



Door in the Wall Arts Access
C.I.C. made this Easy Read
guide.